

**UpHolland Roby Mill C of E Primary School PE Long Term Plan 2022-23**

	<b>EYFS and Key Stage One</b>	<b>Key Stage Two</b>
<b>Autumn 1</b>	Gymnastics Fundamental skills- run, jump, balance.	Gymnastics Striking and fielding
<b>Autumn 2</b>	Gymnastics Fundamental skills- hop, skip, sidestep	Gymnastics Striking and fielding
<b>Spring 1</b>	Fundamental skills- roll, underarm and overarm throw.	Athletics Outdoor activity
<b>Spring 2</b>	Fundamental skills- catch, kick and strike. Swimming	Athletics Swimming
<b>Summer 1</b>	Invasion games Dance Swimming	Invasion games Dance Swimming
<b>Summer 2</b>	Invasion games Dance Swimming	Invasion games Dance Swimming